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This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1 (previously presented): A composition comprising a plant extract containing between 0.5 and 1000 parts per million of monomenthyl succinate as a coolant.

Claim 2 (original): The composition of claim 1, wherein the plant extract is isolated from a plant of the genus *Lycium* or *Mentha*.

Claim 3 (original): The composition of claim 1, wherein the plant extract is isolated from *Lycium barbarum* or *Mentha piperita*.

Claim 4 (currently amended): A method for isolating a plant extract containing monomenthyl succinate comprising:

mixing plant biomass with ~~a solvent~~ 95% ethanol, wherein the plant biomass is from a selected plant;

extracting the mixture for 10 to 24 hours; and

filtering the mixture to remove the plant biomass so that a plant extract containing monomenthyl succinate is isolated.

Claim 5 (canceled).

Claim 6 (original): The composition of claim 4, wherein the selected plant is of the genus *Lycium* or *Mentha*.